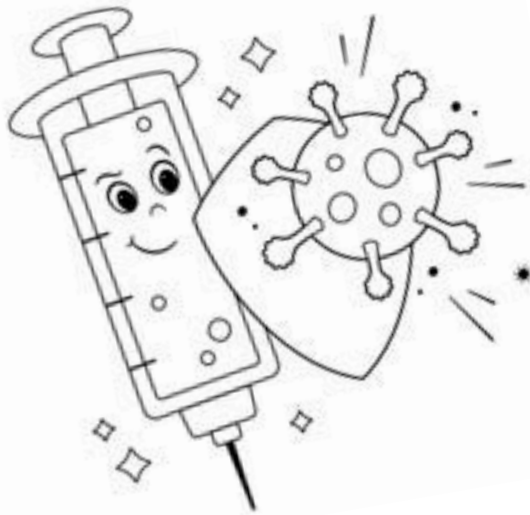


# VACCINES KEEP US HEALTHY!

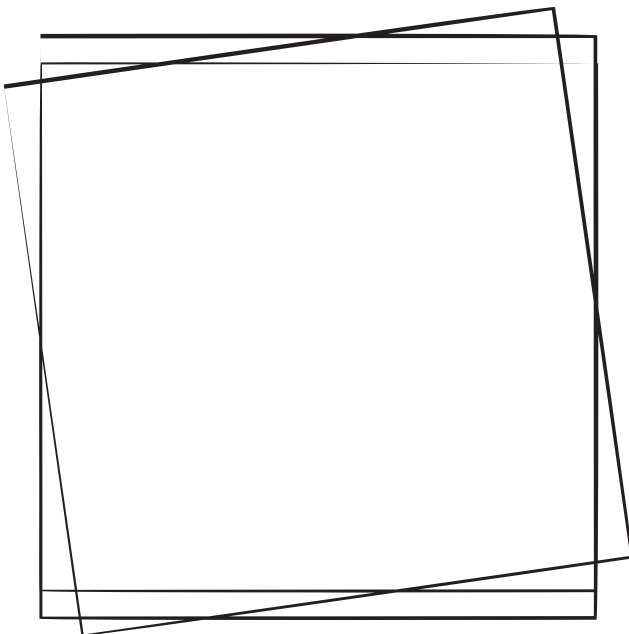


**FIND THE VACCINE-RELATED WORDS!**

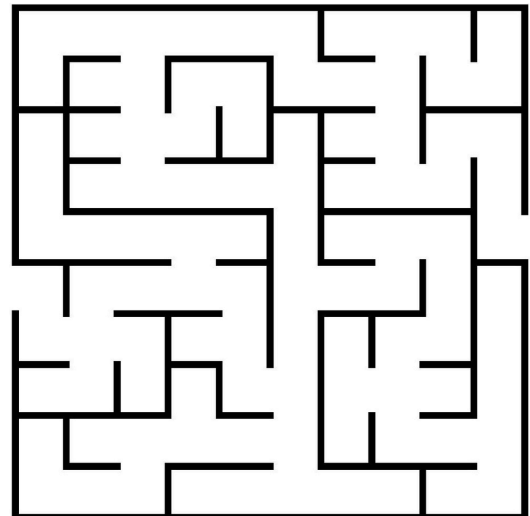
M E D I C I N E S P  
 V H I C F V L D H R  
 V E M Z T A L I O O  
 I A M D N C O S T T  
 R L U J G C N E F E  
 U T N G G I U A A C  
 S H I E E N R S M T  
 I Y T M R E S E I O  
 C Z Y L M A E I L E  
 V K D O C T O R Y B

Everyone needs vaccines- babies AND adults!  
 When you get vaccinated, you protect yourself, your family and your friends. Draw a picture below of someone you love that you protect when you get vaccinated:

- |          |          |         |       |
|----------|----------|---------|-------|
| medicine | immunity | vaccine | virus |
| disease  | protect  | family  | shot  |
| nurse    | healthy  | doctor  |       |
| germ     |          |         |       |



**HELP SUPERHERO SAM FIND DR. JEN SO HE CAN GET HIS VACCINES!!**



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 iowaimmunizes@iowapha.org



### What are germs, anyway?

Germs are teeny tiny organisms that live in air, water, and dirt. They even live on and inside your body!

Can you spot all 10 differences in the two pictures below?



Find the matching germs, viruses, and bacteria.  
Color them the same color.

Vaccines are shots from your doctor or nurse that teach your body to spot bad germs and protect you. They might hurt a little at first, but that goes away.



Here are things you can do to help you feel calm when getting your shots.

*checklist*

- ♥ Hold your parent's hand
- ♥ Bring a toy or stuffy
- ♥ Sing or hum a song
- ♥ Ask for a sticker after
- ♥ Remember, you are brave!

