



## Help Your Child Grow with Routine Vaccines

Ensuring your child receives all vaccines at the recommended time is one of the most important ways to keep your baby healthy.

### VACCINES THROUGH THE AGES

Follow the schedule below recommended by the American Academy of Pediatrics and CDC.



**View CDC's Immunization Schedule**

<b>Newborn</b>	HepB #1, RSV (if born during RSV season; if not born during RSV season, infants < 8 mos old immunized at the start of the season)
<b>1-2 months</b>	HepB #2
<b>2 months</b>	DTaP #1, RV #1, IPV #1, Hib #1, PCV #1
<b>4 months</b>	DTaP #2, RV #2, IPV #2, Hib #2, PCV #2
<b>6 months</b>	DTaP#3, PCV#3, Hib #3*, RV#3*
<b>6-18 months</b>	HepB #3, DTaP #4, IPV #3, COVID-19, Influenza (#1 and #2, then yearly)
<b>12-15 months</b>	MMR #1, VAR #1, Hib (#3 or #4*), PCV #4
<b>12-23 months</b>	HepA #1, HepA #2
<b>4-6 years</b>	DTaP #5, IPV #4, MMR #2, VAR #2
<b>9-12 years</b>	HPV #1, HPV #2
<b>11-12 years</b>	MenACWY #1, Tdap #1 (then once every 10 years)
<b>16 years</b>	MenACWY#2

*\* Depending on which vaccine is used and some patient factors, infants may not need a Hib and/or RV vaccine at 6 months old.*

### QUESTIONS?

Talk with a health care provider about the vaccines your child needs. If you need help paying for vaccines, the Vaccines for Children program can help.

[hhs.iowa.gov/immthb/immunization/vfc](https://hhs.iowa.gov/immthb/immunization/vfc)

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[www.iowaimmunizes.org](https://www.iowaimmunizes.org)

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## WHAT EACH VACCINE DOES

**COVID-19** Protects against the COVID-19 virus that can cause severe pneumonia, heart inflammation, blood clots, and Long COVID syndrome

**2 or 3 primary doses:** At 6 months-5 years old, then yearly updates may be needed

**DTaP / Tdap** Protects against Diphtheria (breathing problems, severe heart disease, and/or death), Pertussis (whooping cough), and Tetanus (causes painful muscle spasms leading to lock jaw)

**5 doses:** At 2 months, 4 months, 6 months, 15-18 months, and 4-6 years

**Tdap:** (the version of DTaP for people older than 7 years old) at 11-12 years (then every 10 years through adulthood)

### HEPATITIS B (HEPB), HEPATITIS A (HEPA)

Protects your child against the Hepatitis B virus and Hepatitis A virus which cause liver damage

**3 doses (HepB):** At birth, 1-2 months (1-2 months after HepB #1), and 6-18 months (4 months after HepB #2)

**2 doses (HepA):** At 12-23 months (2 doses, 6 months apart)

**Hib** Protects against Haemophilus influenzae Type b which causes severe pneumonia, blood, and brain infections

**3 or 4 doses:** At 2 months, 4 months, 6 months\*, and 12-15 months

**HPV** Protects against infection from the HPV virus, which can lead to six types of cancer later in life: cervical, vaginal, vulvar, anal, penile, and throat.

**2 doses:** At 9-12 years old, if started at 15 years old or older, three doses are needed

**INFLUENZA (FLU)** Protects against influenza virus

**2 doses:** At 6-18 months (2nd dose 28 days after 1st dose) Then yearly through adulthood

**MENINGITIS (MEN ACWY)** Protects your child from four strains of the meningococcus bacteria (which causes blood and brain infections)

**2 doses:** At 11-12 years old and 16 years old

**MMR** Protects against Measles, Mumps, and Rubella (Rubella is "German measles," a form of measles that can lead to birth defects in babies)

**2 doses:** At 12-15 months and 4-6 years

**PCV** Protects against pneumococcus (which causes ear infections, severe pneumonia, and blood and brain infections)

**4 doses:** At 2 months, 4 months, 6 months, and 12-15 months

**POLIO (IPV)** Protects your child against polio, a disease that can paralyze arms and legs

**4 doses:** At 2 months, 4 months, 6-18 months, and 4-6 years

**ROTAVIRUS (RV)** Protects your baby from rotavirus (which causes severe diarrhea and dehydration)

**2 or 3 doses:** At 2 months and 4 months, and 6 months\*

**RSV** Protects your child against respiratory syncytial virus (RSV). RSV is a common respiratory virus that usually causes a cold-like symptoms but can cause severe pneumonia

**1 dose:** Given during pregnancy or in the first week of life

**VARICELLA (VAR)** Protects your child from getting chicken pox

**2 doses:** At 12-18 months and 4-6 years

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